



## Lunch Menu available until 5pm

### Breads

<b>Garlic Bread</b>	Ciabatta bread with lots of garlic butter.	\$7.50
<b>Sun-dried Tomato Flatbread</b>	Sun-dried tomatoes, onions, herbs and mozzarella cheese.	\$10.50
<b>Pesto Flatbread</b>	Basil pesto, parmesan and cream cheese.	\$10.50
<b>Bread Selection</b>	A variety of breads and dips.	\$13.50

### Lunch Menu

<b>Soup of the Day</b>	Made with our ever changing fresh market produce.	\$10.50
<b>Seafood Chowder</b>	A selection of seafood in a delicious cream based chowder.	\$12.00
<b>Chicken Nachos</b>	Spicy corn chips topped with seasoned chicken tossed through a tomato and coriander salsa with melted cheese and sour cream.	\$14.00
<b>Potato Wedges</b>	Seasoned wedges covered with bacon, sweet chilli and cheese topped with sour cream.	\$12.50
<b>BLT</b>	Bacon, lettuce, tomato and mayonnaise in lightly toasted bread served with fries.	\$15.00
<b>Open Chicken Sandwich</b>	Salad alongside an oven baked chicken breast on lightly toasted rye bread, topped with melted brie and a pesto mayonnaise, served with fries.	\$16.00
<b>Smoked Salmon &amp; Spinach Omelette</b>	Smoked salmon mixed with spinach, cheese and fresh herbs in a three egg omelette served with salad.	\$16.00
<b>Lamb Salad in Pita</b>	Warm tender grilled lamb tossed with salad then drizzled with a redcurrant vinaigrette, served in a baked pita bread with fries.	\$17.00
<b>Moroccan Chicken Salad</b>	Grilled chicken pieces dusted with Moroccan spices tossed through a market salad, served with a fresh herb yoghurt dressing and finished with triangles of flatbread.	\$16.50
<b>Vegetarian Filo</b>	Roasted pumpkin, kumara, red onions, spinach and brie fillo topped with mango salsa and served with salad.	\$16.00
<b>Chicken &amp; Banana Curry</b>	Chicken, onions and capsicums in a mild green curry finished with banana slices and toasted cashew nuts served on jasmine rice.	\$17.00
<b>Pan Fried Fish</b>	Pan-fried fish with a lemon hollandaise served with steamed potatoes and salad.	\$17.50
<b>Prawns Wrapped in Bacon</b>	Succulent prawns wrapped in prime bacon and pan-fried with lemon, sweet chilli and garlic served on rice with salad.	\$17.50
<b>Chicken &amp; Bacon Pasta</b>	Sauteed chicken, bacon and onions in a creamy herb sauce tossed through penne pasta.	\$17.00
<b>Beer Battered Blue Cod</b>	Blue Cod encased in a fine ale batter served with fries and salad.	\$18.00
<b>Crumbed Chicken Schnitzel</b>	Golden crumbed chicken schnitzel topped with a mushroom sauce served with salad and fries.	\$16.50
<b>Lunch Rib Eye</b>	200gram Rib Eye steak grilled the way you like it, served with fries and salad. Sauces: mushroom, pepper or garlic butter.	\$19.00

<b>Extras</b>	<b>Steamed Vegetables</b>	\$6.50	<b>Greek Salad</b>	\$7.50	<b>Garden Salad</b>	\$6.00
	<b>Wedges</b>	\$6.80	<b>Fries</b>	Small bowl \$3.00 or to share \$5.50		

Surcharge will apply on public holidays



## Gourmet Pizza's

Snack \$11.00  
with lunch menu only

Regular \$19.00

Large \$26.00

**Aoraki Smoke** Lightly smoked salmon partnered with fried capers, spinach, parsley and dill finished with cream cheese and mozzarella.

**Apricot Chicken** Tender chicken, sun dried apricots, roasted capsicums and onions topped with a spiced apricot sauce and cream cheese.

**Farmyard** Seasoned chicken, bacon, fried egg, sweet corn and diced white onion topped with BBQ sauce.

**Greek** A tomato base with fresh roasted garlic, feta cheese, olives, chunky tomatoes, red onions and spinach topped with sour cream and a sprinkling of parmesan.

**Hawaiian Zest** Ham, pineapple, onions and capsicums with a Hawaiian chutney and mozzarella cheese.

**Kiwi Lamb** Marinated lamb, roast capsicums, caramelized onions and tomatoes with a redcurrant and rosemary glaze.

**Little Italy** A tomato base layered with pepperoni, salami, tomatoes, mushrooms, red onions, capsicums topped with a basil pesto swirl and a sprinkle of parmesan.

**Seafood Mornay** Selection of mixed seafood, fresh herbs and onions topped with mozzarella and a rich mornay sauce.

**Summer BBQ** Prime beef, smoky bacon, tomatoes, onions and mushrooms on a sweet onion relish base topped with BBQ sauce.

**The Roast** Roast chicken, pumpkin, kumara and caramelized onions topped with brie cheese and plum sauce.

**Vegetarian Delight** Pesto base covered with roast capsicums, sun-dried tomatoes, red onions, mushrooms and mozzarella finished with a parmesan sprinkle and aioli.

**Zest Favourite** Tender chicken pieces alongside red onions, capsicums, cranberry sauce and brie cheese.

Regular and large gluten free bases available on request.

Surcharge will apply on public holidays

### Open 7 Days

Mon-Sat: 10:00am till late

Sun: 10:30am till late

Fully Licensed. Indoor/Outdoor Dining. Coffee & Cake.

4a Elizabeth Place, Timaru 7910

**03 688 8313**

info@zestrestaurant.co.nz

[www.zestrestaurant.co.nz](http://www.zestrestaurant.co.nz)

22/0610 ZEST Lunch Menu